

wone

Read the signs of stress early. Build recovery into every shift.

SCIENCE LED | AI POWERED | HUMAN FIRST

WONE for healthcare

Stress intelligence for the people who deliver care, built on the world's first integrated, validated measure of stress and recovery.

THE STRAIN ON CARE TEAMS, AND THE BARRIERS TO SUPPORT

46%

of US health workers felt burned out often or very often

CDC survey data from 2022. Physician burnout was still just under half in 2026.

CDC, 2023; MEDSCAPE, 2026

22.7%

of newly hired nurses left within a year

Each bedside RN departure costs $60,090 on average.

NSI NURSING SOLUTIONS, 2026

2x

the odds of a patient safety incident with physician burnout

Pooled from 35 studies of 41,059 physicians.

HODKINSON ET AL., BMJ, 2022

49%

of burned-out physicians say their employer does not recognize that burnout is causing problems

Only 22% say it does.

MEDSCAPE, 2026

WONE at a glance

WONE (Walking on Earth) is a stress intelligence platform. The WONE Index scores stress load and the resources that support recovery out of 100, with a breakdown by domain. Ori, WONE's AI performance coach, guides recovery in the flow of work. Leaders see anonymized, aggregated trends by team and role.

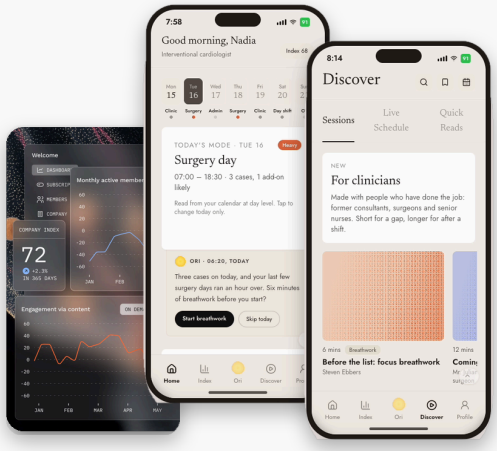
Built for clinical life

01 BEFORE THE SHIFT
Set up for the day ahead
Configured by role, specialty and shift pattern, and personalized to each health worker's calendar so support fits the working day.

02 BETWEEN CASES
90 seconds to reset
Micro-recovery sized for the gaps between cases, with notification controls.

03 AFTER A HARD DAY
Coaching when it counts
Ori coaching for difficult interactions, long days and winding down after a shift.

04 ACROSS THE SERVICE
One view for leaders
Anonymized, aggregated trends by team, role and site show where pressure is building.



AVERAGE CLIENT RESULTS

40% company-wide engagement

74% report reduced stress

TRUSTED BY ARM, MUBADALA AND QUINN EMANUEL

2.5x average return on investment

wone

Evidence built for clinical scrutiny

Developed with leading stress scientists from Stanford, Harvard and Mayo Clinic. Peer-reviewed and published in JMIR.[1]

01 · MEASURE

WONE Index

One validated score combining psychological, physiological and behavioral signals. Leaders see where pressure is building by team, role and site.

02 · TRAIN

Ori

WONE's AI performance coach adapts to each person's shifts and calendar, with micro-recovery between cases and coaching after hard days.

03 · INTERVENE

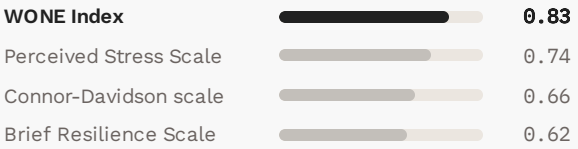
Expert-led programs

Resilience Coaches and scientists deliver targeted programs designed from the data, for the teams under the most pressure.

THE WONE INDEX

The world's first integrated, validated measure of stress and recovery

How closely each scale tracks well-being



CORRELATION WITH THE WHO-5 WELL-BEING INDEX, SHOWN AS ABSOLUTE VALUES

> "For too long, we've treated stress as something to push through, but doing so narrows our capacity to be present and to care for others … Learning to recognize and respond to stress more effectively and building Stress Intelligence, is what changes that."

Dr. Vivek Murthy
19TH AND 21ST SURGEON GENERAL OF THE UNITED STATES. INVESTOR IN WONE.

In research with SIER

THE STANFORD INITIATIVE FOR ENTREPRENEURS' RESILIENCE AND WELL-BEING

PARTICIPANTS	250+ Stanford entrepreneurs and healthcare professionals. IRB-approved.
DESIGN	Eight-week first stage, then a 24-week randomized crossover trial and a six-month follow-up.
LED BY	Dr. Alan C. Yeung (Stanford) and Dr. Lydia Roos (WONE), with Dr. Gloria Kim (Stanford Health Care).

First study readout expected in early 2027.



Dr. Alan C. Yeung
Li Ka Shing Professor in Cardiology, Stanford School of Medicine

"… until now we haven't had a rigorous, validated way to measure that capacity, let alone train it … WONE's stress-resilience Index gives us that instrument."

[1] ROOS LG, ET AL. J MED INTERNET RES. 2026

Bring stress intelligence to your care team

BOOK A DEMO

MORIAM@WALKINGONEARTH.COM · WALKINGONEARTH.COM/SCIENCE